CLASS+
Collaboratively working with families to build confidence and to enable them to take the next step

**Parent/Carer Coffee and Chat**
CLASS+ invites **parents and carers** of children/young people with Autism to join us for coffee, chat, advice - the chance to forge new support networks and friendships
No need to book – just come along

Glenleigh Park Academy
Gunters Lane
Bexhill
**17/09/19**
9- 10.30am

St Andrews CofE Infants
Winchelsea Road
Eastbourne
**24/09/19**
9- 10.30am

Harlands Primary
Mallards Drive
Uckfield
**01/10/19**
9-10.30am

Cross in Hand Primary
Sheepsetting Lane
Heathfield
**03/10/19**
9-10.30

St Mary’s CofE Primary
High Street
Hartfield
**10/10/19**
9-10.30

Denton Primary
Acacia Road
Newhaven
**16/10/19**
9-10.30

Wivelsfield Primary
South Road
Wivelsfield Green
Haywards Heath
**23/10/19**
9-1.30

**Focus**
‘Managing Anxiety’
We will spend part of the session exploring anxiety
Parents/carers will also have the opportunity to talk to each other and members of the CLASS+ Team

Part of Communication, Learning and Autism Support Service

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fb/the idealist